

North Slope Quarantine & Health Log Requirements

BACKGROUND:

In response to Alaska Health Mandate #10, BPXA implemented a 14-day pre-mobilization quarantine process on March 23, 2020, for all North Slope personnel. This involved mandatory 'managed' quarantine in Anchorage for all out of state BPXA employees and self-quarantine with health logs for all in-state personnel. This process was in the BP plan approved by the State of Alaska for critical infrastructure workers. By acting quickly at the start of the pandemic, we have only had one confirmed case in GPB and we have been able to maintain operations of this critical infrastructure.

WHAT'S CHANGING:

The COVID-19 situation continues to evolve as the State moves to 'reopen Alaska responsibly.' Following the State's lead, **BPXA submitted a revised plan which allows for out of state personnel to quarantine at GPB instead of Anchorage and allows them to work during this quarantine period under specific additional mitigations.** Given the isolated nature of GPB and the ability to control access, this also allows us to protect personnel by reducing the risk of potential transmission while Anchorage and the State 'reopen'.

The State has reviewed and approved our revised plan which outlines the requirements for assessing individuals prior to Slope travel and quarantine requirements for out of state workers. Many of the protective measures have been in place for some time. However, in some cases these measures may have been optional. Under the new plan certain measures will now be required to comply with State mandates and conform to the updated BPXA plan.

REVISED PLAN REQUIREMENTS:

1) Requirements for those traveling to GPB:

- a. **ALL personnel (both in-state and out of state) must have completed a full 14-day Health Log with temperatures recorded.** The log can be a paper copy or completed by using the approved app. If an individual does not have a log, they will be refused travel and will need to quarantine in Anchorage as directed. This will be classed as 'leave no pay'.
- b. If necessary, personnel traveling to Alaska may overnight in Anchorage before traveling to the North Slope. However, you must comply with the quarantine requirements of Health Mandate #10 and BPXA's approved plan while in Anchorage. This includes traveling directly from the airport to the hotel with no stops and traveling directly back to the airport from the hotel the next day with no stops. Travelers should minimize the time spent in Anchorage prior to the northbound flight.
- c. Those traveling to Alaska should complete a *SOA Travel Declaration Form* either online prior to travel or upon arriving in Alaska. The "quarantine address" should be declared as BPXA: Prudhoe Bay, Alaska for anyone billeting at GPB. If overnighing at a hotel in Anchorage before traveling to the North Slope, this hotel is *not* to be listed as a quarantine location.
- d. Those traveling to Alaska must maintain good social distancing and wear a protective face covering while traveling. Suitable gloves may be worn, but regular hand washing and sanitation is a recognized way to prevent transmission.
- e. There are no restrictions for in state personnel regarding mass transportation to either Anchorage or Fairbanks airport. Good social distancing must be observed and the use of face coverings in vehicles such as taxis, Uber or planes is required.
- f. All personnel traveling to GPB will be required to wear a face covering on the charter.

2) Requirements for those living and working at GPB

- a. Maintain social distancing (6' minimum) and use facial coverings appropriately (as described in the BPXA Face Covering Procedure):
 - In public spaces: facial coverings should be worn and social distancing maintained
 - At work: Maintain social distancing to the greatest extent possible, recognizing some tasks do not allow for it. Incorporate social distancing into pre-job planning with team members (i.e., area wipe downs, body positioning, job sequencing, etc.)
- b. Use Personal Protective Equipment (PPE) as required. At a minimum, disposable gloves and a facial covering must be worn in locations that involve any shared use, including:
 - Food service areas
 - When using shared tools or equipment (work gloves are an acceptable alternative to disposable gloves when appropriate for the task)

3) Requirements for those completing their 14-day quarantine at GPB

- a. Individuals must eat in their assigned room, not in public areas. At worksites consideration should be given to a staggered mealtime and increased sanitation protocol.
- b. Individuals are not to use common areas (gym, lounge, game room, etc.)
- c. Personnel must always wear a facial covering and maintain social distancing. Facial coverings are not required in rooms or at the worksite if an individual is working alone however, they must always have one available.
- d. Personnel will not receive the standard housekeeping service. Housekeepers shall:
 - Not enter the room of personnel for the duration of their 14-day protective period.
 - Provide fresh towels and bedsheets for personnel to change themselves, as well as a repository for dirty sheets and towels
 - Provide cleaning supplies necessary for personnel to clean their room
- e. A health log for the period starting upon their arrival in GPB shall be maintained for 14 days:
 - Bring a personal thermometer with you.
 - Monitor body temperature twice daily.
 - Maintain a log to document body temperature and any COVID-19 symptoms. The log must be available if requested by medical personnel.
 - Immediately stop work and contact the clinic if experiencing symptoms consistent with COVID-19 (cough, shortness of breath or difficulty breathing, chills, muscle pain, sore throat, new loss of taste or smell, or temperature is greater than 100.3F)
- f. Personnel are only permitted to travel to BPXA operated facilities, camps, and pads during the 14-day quarantine period.

This plan will remain in effect until the BPXA Incident Management Team (IMT) determines it is no longer necessary based upon federal, state, and local mandates, as well as analysis of BPXA business operations. Also note that BPXA may reinstate Anchorage quarantine in the future if circumstances dictate or State issued mandates change.

Anyone who leaves the State of Alaska after their hitch will be required to follow these protective measures when they return to Alaska.