Hilcorp Alaska

COVID-19 Response

HOW DO I TRAVEL TO HILCORP ALASKA?

June 9, 2020

Travel Restrictions / Mandate 10

- As of 6-6-2020 Mandate 10 has been revised by the State.
- There are now options for access to Alaska other than the 14-day Quarantine upon arrival.
- Remote field locations are considered to be the North Slope, west side of Cook Inlet, and CIO platforms.
- This presentation is related to travel requirements within our 6/9/2020 approved COVID-19 Community/Workforce Protective Plan or “CWPP” (formerly the COVID-19 Transmission Mitigation Rotational Worker Travel Plan) only. Please review the entire CCWP.
- At this time bpxa has not approved this plan for access to Prudhoe Bay prior to the close date.

The CWPP is a Safety Policy

- It is your responsibility to understand all requirements of our entire COVID-19 Community/Workforce Protective Plan or "CWPP" (formerly the COVID-19 Transmission Mitigation Rotational Worker Travel Plan) not just travel requirements.

  Access the current CWPP here: https://ispri.ng/G1YJq

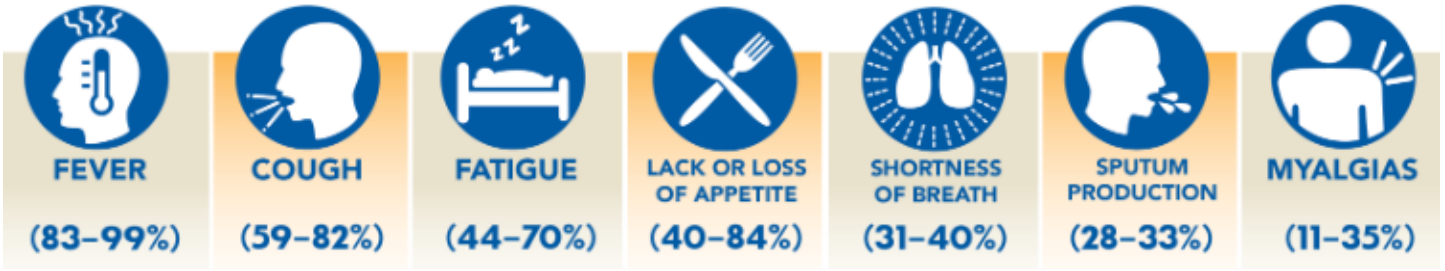
- If you have questions reach out to your supervisor/manager or local Safety Specialist.

- Our entire CWPP is a Safety Policy.

- Failure to adhere to a safety policy including by falsifying test results or required logs is a failure to comply with a safety policy and is subject to disciplinary action up to and including termination.

Symptoms of COVID-19

- Fever
- Cough
- Headache
- Shortness of breath
- Loss of sense of taste / smell
- Sore Throat
- Congestion
- General malaise (feeling unwell).
- Gastrointestinal symptoms including diarrhea



PCR Testing

- If you chose to use testing to enter AK, the State requires it to be a molecular-based test for SARS-CoV2 (COVID-19).
- Where the CWPP or presentation says “PCR Test”, any test accepted by the State of AK is acceptable.
- A polymerise chain reaction test (“PCR test”) is the common type of molecular-based test and is designed to detect the genetic information of the virus, the RNA, which is only possible if the virus is there and someone is actively infected.
- PCR tests require a nasal swab sample collection and are often processed at a lab.
- An antibody / serology test is not an accepted alternative at this time.

L48 Travel to Anchorage Office

- If you live in the L48 and are coming to work in **Anchorage Office only** you must do 1 of the following:

1. Complete a 14 day quarantine.

2. Complete a 7-14 day quarantine under 1 of the following options:
   a. Take a COVID-19 PCR test 72 hours before departing from your location heading to Alaska which is negative **and** "minimize interactions" until receive a negative result from completing a 2nd PCR test taken 7-14 days after,

   b. Take a COVID-19 PCR test < 5 days before departing your location heading to Alaska which is negative, **and** complete a 2nd test upon arrival in Alaska which is negative, **and** "minimize interactions" until you receive a negative result from a 3rd test taken 7-14 days after your arrival, or

   c. Take a COVID-19 PCR test upon arrival in Alaska which is negative **and** "minimize interactions" until you receive a negative result from a 2nd test taken 7-14 days later.

“Minimize Interactions” Requirements

- If the option you select to travel from L48 to Anchorage requires you to minimize your interactions while in Anchorage waiting on 2nd or 3rd test results you must per Mayor's order EO-11:
  - Not dine in at restaurants, visit indoor attractions like museums or theaters, or use indoor gyms,
  - Use curbside delivery and take-out services,
  - Minimize in-person interactions, and
  - Wear face coverings whenever in proximity to non-household members.
- If you must physically come to the Anchorage office to support the bpxa transition or other essential work, you may report to the office during the period between test with SVP approval but you must:
  - Follow our State-approved Workforce / Community Protective Plan (CWPP) and office access protocol,
  - Minimize all in-person interactions outside of their workplace for 14 days following arrival from out-of-state, and
  - Not report to the office if you have symptoms of COVID-19

Travel to Remote Field from in AK

- If you were in Alaska for 14 days or more in order to travel to a remote field location you must:
  - Follow our published, State approved CWPP
  - Social distance, practice good hygiene, and avoid crowded places
  - Monitor and log health prior to reporting for duty.
  - Do not report to work if ill or if you have any COVID-19 symptoms
  - Complete a pre-boarding health screening including temperature check before flights to remote locations.
  - Report symptoms of COVID-19 immediately and isolate.

Travel to Remote Field from L48

- If you are coming into Alaska from outside to go to a remote field location you must:
  - Monitor your health for up to the 14 days immediately prior to date of travel to Alaska, or the duration of your off time if shorter, to ensure you do not have a fever above 100.3ºF or any symptoms of COVID-19 during your time off and log this in the L48 Self-Quarantine Log,
  - Travel on an airline that has a passenger face covering requirement and enhancing cleaning per CDC guidance if available,
  - Wear a face covering while in transit including in airports, airplanes, public spaces, and taxis / Uber / Lyft / shuttles / etc.,
  - Comply with State Mandate 10 or select one of the Quarantine Options in the CWPP, and
  - Complete a pre-boarding health screening at the departure location for the aircraft taking you to the remote field location.

AK Entry Quarantine Option 1

OPTION 1: 14-Day Quarantine in Alaska

Under this option you must:

- Proceed directly to your quarantine location upon arrival at a location in Alaska.
- Complete a 14-day quarantine where you arrived in Alaska during which you:
  - Evaluate and log health daily including temperature check as per the L48 Self-Quarantine Log during the quarantine,
  - Not go out in public other than for outdoor walks/exercise during which the you remain more than 6’ from all others and wear a face covering, and
  - Comply with Mandate 10 (Attachment A) requirements while in effect.
- Upon completion of 14 day quarantine depart on a HAK aircraft to the remote field location after successfully completing the Pre-Boarding Health Screening.

AK Entry Quarantine Option 2

OPTION 2: Pre-Travel Quarantine with Test

Under this option you must:

- Quarantine at your home or private lodging while off shift for up to 14 days immediately before traveling to Alaska.
  - To effectively quarantine, you and all others living in or visiting your residence must practice social distancing and strictly limit your interactions with those outside your home. Prohibit visitors, receive food and supplies by delivery, and make every effort to remain isolated from the general public.
  - To accommodate a 1x1 or 2x2 schedule, it is acceptable to quarantine for your entire off shift and travel back as you normally would to report to the aircraft for the flight to the remote location.
- Worker must receive a negative result from a COVID-19 test completed on day not less than day 10 of their quarantine
- Maintain a Close Contact Log daily and submit to EHS Tech weekly
- Maintain a Work Health Log while on shift
- Immediately contact the onsite medical clinic if experiencing any COVID-19 symptoms.

AK Entry Quarantine Option 3

OPTION 3: Work Location Quarantine with Test

Under this option you must:

- Obtain the approval of your supervisor or facility foremen to use this option.
- Take the COVID-19 testing offered to critical infrastructure workers by the State of Alaska upon arrival in Alaska (i.e. at the airport)
- Quarantine at your AK arrival location until you receive a negative test result before traveling to the remote field location and comply with the quarantine requirements of Health Mandate #10, travel directly between the airport and hotel w/out any stops, and wear a face covering in public areas including during transit to the remote location.
- Complete a “Work Location Quarantine” at the remote field location for 14 days including maintaining a “Close Contact Log” daily and submit to Safety Specialist weekly and a “Work Health Log” daily while on site.
- Immediately contact the onsite medical clinic if experiencing any COVID-19 symptoms.
- If surveillance PCR testing becomes available at the remote location, you must take a 2nd test 7-14 days after your 1st test.

AK Entry Quarantine Option 4

OPTION 4: Emergency Travel with Test

Under this option you must:

- Obtain the approval of the ATL or SVP Alaska to use this option,
- Take the State offered COVID-19 PCR test for Critical Infrastructure workers,
- Travel directly to the remote field location while implementing protective measures while traveling,
- Obtain a set of required protective measure from the facility foreman after a risk assessment is completed and strictly adhere to the measures for 14 days,
- Maintain a “Close Contact Log” daily and submit to Safety Specialist weekly and a “Work Health Log” daily while on site, and
- Immediately contact the onsite medical clinic or occupational health if experiencing any COVID-19 symptoms.

Option 3 “Work Location Quarantine”

SEGREGATION

- Maintain social distance from others (6’ or greater) ,
- Eat all meals in bedroom or office (not in dining hall or common area),
- Do not allow visitors into your office and keep door closed with visual reminder posted if possible,
- Do not enter the control room unless specifically approved to do so with additional safeguards determined by the Foreman,
- Do not ride in a vehicle in the field with others unless social distancing can be maintained, and
- Post a visual reminder occupant is in “Work Location Quarantine” on bedroom and office doors.

SANITATION

- Wipe down any shared surfaces after completion of work (e.g., tools, door handles, vehicles, equipment etc.) with sanitation wipes/cloths, and
- Housekeeping shall not enter rooms of personnel in the protective period, but will instead provide bedsheets, towels, and cleaning supplies for personnel to utilize in their rooms.

PPE & FACE COVERINGS

- All aircraft travelers must wear a face covering,
- Wear gloves when touching shared equipment/tools,
- Wear disposable gloves in the dining hall (current practice), and
- Wear a face mask including in the dining hall, in shared spaces such as hallways, when transitioning between room and work location, and in any public spaces, and
- Everyone on any HAK operated shuttles, boats, aircraft or helicopters must wear a face mask when in transit to facility.

Note: face masks are not required in bedrooms, in non-shared office spaces, or when social distancing outside

HEALTH CHECK

- Maintain a Work Location Health Log daily which includes a symptoms and body temperature,
- Immediately contact the onsite medical clinic or Occupation Health Department if experiencing any COVID-19 symptoms, and
- Record and maintain a close contact log daily and submit to EHS Tech weekly.

PCR Test Access

- In Alaska
  - At the airport upon arrival let the State's screeners know you are a critical infrastructure (CI) worker and they will direct you to the correct location. Don't forget your CI letter!
  - For any subsequent test you will be given a voucher at the airport and can locate testing locations here: https://coronavirus-response-alaska-dhss.hub.arcgis.com/app/2d92b77bc8044329a1ee3954b063bd8c

- Outside Alaska
  - Contact your primary care physician, local medical clinic, or visit your state's COVID-19 response website to find testing locations
    - Consider using your "Critical Infrastructure Employee" (CI) letter to support your request even though you are asymptomatic. CI letter is available here:

      https://hilcorp.ispringcloud.com/acc/HoIsdsQyODQ2Mg/s/28462-9eJmo-j9Yk7-q8TiG?fv=10622
  - HAK will facilitate access to an "at-home" PCR test through our Houston based corporate health partner, HealthQuilt.
    - You will be mailed a sample collection kit and get a video appointment for them to oversee you self-administered the sample collection which is then mailed directly to the lab for processing.

Note: Just as our prior policy did not cover the cost of quarantining in Alaska if your report-to-work location is in Alaska yet you choose to live elsewhere, our new policy does not cover the cost of PCR testing at this time.

AK Leave & Return Travel

- If you are normally in AK but leave the State the following applies to you when returning to work.

  - If you are returning to a Remote Field Location, follow the L48 Travel to Field requirements.

  - If you are returning to the office, follow the L48 Travel to Anchorage requirements.

Visitors & Household Member Travel

- If you have remained in AK but someone living in or visiting your house is coming from outside the State you can return to work as normal once the traveler has:
    1. Completed a 14 day quarantine (i.e. you stay home with them for the 14 days from when they returned).

    2. Completed a 7-14 day quarantine where they had
        a. Taken COVID-19 PCR test 72 hours before they departed from their travel location heading to Alaska which was negative and completed a 2nd test 7-14 days after arrival (i.e. you stay home with them 7-14 days)

        b. Taken COVID-19 PCR test within 5 days before they departed from their travel location heading to Alaska which was negative, completed a 2nd test upon arrival in Alaska, and completed a 3rd test 7-14 days after arrival where all 3 test results were negative (i.e. you stay home with them 7-14 days to get all 3 negative results), or

        c. Taken on COVID-19 PCR test upon arrival in Alaska and take a 2nd test 7-14 days later which are both negative (i.e. you stay home with them for the 7-14 days it takes to get the 2 negative test results).

Close Contact & Return to Work

- A “close contact” is anyone who was within 6’ of a confirmed (tested) COVID-19 positive person for more than 15 minute starting 2 days prior to the test collection or symptoms on.
- Return to work after COVID-19 positive or being designated a “close contact” is handled by Occupation Health (Joy Kirkland)
  - Positive cases will generally be allowed to return after either 10 days from last symptoms / positive test or if they have 2 negative PCR tests at least 24 hours apart.
  - Close contacts will generally be allowed to return after either 14 days or a single negative PCR test result; which one depends on doctors assessment of specific circumstances.

What still on the “to do” list?

- Review & update In-State and L48 Health log to better reflect new plan.
- Hold a Q&A and update FAQ page,
- Finalize at-home PCR test access process & guidance,
- Finalize online logs,
- And probably a lot more….

There is no COVID Quarantine Police!

You are responsible to understand the requirements for safely returning to work to protect your own health, your workers, and the communities we operate in.

When in doubt use good judgement and talk it through with your foremen and your local safety specialist.

Thank you for your patience through all this!