

Coronavirus Disease 2019

COVID-19 ALERT

ALL TRAVELERS ARE REQUIRED TO QUARANTINE FOR 14 DAYS AFTER ARRIVAL

If you get sick within two weeks of arriving in Alaska, please seek medical advice as soon as you can. If you have one, call your health care provider. If you don't know a provider, please call **211**.

- Stay at home for 14 days and remain out of public places; do not go to work, school, child care
- Check yourself for fever (100.4° F or greater) in the morning and evening, and remain alert for cough or shortness of breath
- If you develop symptoms, notify your health care provider

Any questions? Call 211.



If you are seeking care, tell the health care provider if you have any of these symptoms of COVID-19:

- A fever 100.4° F or greater (38° C)
- Cough
- Shortness of breath

Contact your health care provider BEFORE YOU GO IN. It is important to tell the provider's office that you have been outside Alaska recently.



DHSS website: coronavirus.alaska.gov
CDC website: cdc.gov/covid19



STATE OF ALASKA

Department of Health & Social Services

TRAVEL DECLARATION FORM

MANDATORY DECLARATION

FOR ALL PASSENGERS



MANDATORY 14-DAY QUARANTINE FOR ALL INCOMING PASSENGERS

Due to the rapid spread of COVID-19 and the high incidence of travel-related infection, the State of Alaska has instituted a mandatory 14-day quarantine for all incoming passengers. The potential for widespread transmission of COVID-19 by infected individuals entering Alaska threatens the health and well-being of Alaskans, as well as the infrastructure and security of the state. In an abundance of caution and to assist in flattening the curve regarding the spread of COVID-19 in Alaska, the State of Alaska, under its authority to protect the public health, is implementing advanced protocols to ensure all travelers arriving in Alaska participate in 14 consecutive days of self-quarantine to begin immediately upon arrival, allowing for travel from an airport or portage to the designated quarantine location.

Travelers 18 years of age and over must complete and sign their own form.

PLEASE LIST THE SPECIFIC PLACES TRAVELED WITHIN THE PREVIOUS 14 DAYS.

- 1. _____ 2. _____
- 3. _____ 4. _____

FULL NAME (PRINT) _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

QUARANTINE ADDRESS: _____

CITY _____ STATE _____ ZIP _____

PHONE NUMBER _____ DATE OF ARRIVAL _____

Certificate: Read and Sign: *I swear or affirm, under penalty of perjury, that: the above information I provided on this document is true and correct. I swear I will comply with the self-quarantine regulations as set out in Health Mandate _____.*

WARNING: If you provide false information on this form, you may be convicted of a Class B felony under AS 11.56.200 and/or a Class A misdemeanor under AS 11.56.210. Additionally, due to the imminent danger to the public by the spread of Coronavirus, if you violate the self-quarantine regulations set forth in the mandate, you may also be convicted of a class A misdemeanor which is punishable by a fine of up to \$25,000, or imprisonment of not more than one year, or both pursuant to Alaska Statute 12.55.035 and Alaska Statute 12.55.135.

SIGNATURE: _____ DATE _____

Attachment A
Alaska Critical Workforce Infrastructure

Functioning critical infrastructure is imperative during the response to the COVID-19 emergency for both public health and safety as well as community well-being. Certain critical infrastructure industries have a special responsibility in these times to continue operations.

At this time, critical industries and entities in Alaska include:

- a. “Healthcare Operations” including hospitals, clinics, dental emergency services, pharmacies, other healthcare facilities, home healthcare services providers, mental health providers, companies and institutions involved in the research and development, manufacture, distribution, warehousing, and supplying of pharmaceuticals, biotechnology therapies, consumer health products, medical devices, diagnostics, equipment, services, or any related and/or ancillary healthcare services. “Healthcare Operations” also includes veterinary care and healthcare services provided to animals. “Healthcare Operations” does not include fitness and exercise gyms and similar facilities.
- b. Businesses providing any services or performing any work necessary to the operations and maintenance of “Essential Infrastructure,” including, but not limited to, the Port of Alaska, public works construction, construction of housing , airport operations, water, sewer, gas, electrical, oil production, mining, logging, roads and highways, public transportation, solid waste collection and removal, internet, and telecommunications systems (including the provision of essential global, national, and local infrastructure for computing services, business infrastructure, communications, and web-based services).
- c. Financial services sector, which includes workers who are needed to process and maintain systems for processing financial transactions and services, such as payment, clearing and settlement services, wholesale funding, insurance services, and capital markets activities; to provide consumer access to banking and lending services, including ATMs, movement of currency (e.g. armored cash carriers); support financial operations, such as those staffing data and security operations centers; appraisals and titling; and, key third-party providers who deliver core services.
- d. First responders, emergency management personnel, emergency dispatchers, court personnel, and law enforcement personnel are critical.
- e. Individuals providing “Essential Governmental Functions” are critical. “Essential Government Functions” means all services needed to ensure the continuing operation of government agencies and provide for the health, safety, and welfare of the public.
- f. Grocery stores, supermarkets, food banks, convenience stores, and other establishments engaged in the retail sale of food and other household consumer products (such as cleaning and personal care products). This includes stores that sell groceries and also sell other non-grocery products, and products necessary to maintaining the safety, sanitation, and essential operation of residences;
- g. Food and agriculture, company cafeterias, cultivation, including farming, livestock, and fishing;

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- h. Businesses that provide food, shelter, social services, and other necessities of life for economically disadvantaged or otherwise needy individuals;
- i. Newspapers, television, radio, and other media services;
- j. Gas stations and auto-supply, auto-repair, bicycle-repair, and related facilities;
- k. Hardware stores;
- l. Plumbers, electricians, exterminators, and other service providers who provide services that are necessary to maintaining the safety, sanitation, and essential operation of residences, Essential Activities, and Essential Businesses;
- m. Businesses providing mailing and shipping services, including post office boxes;
- n. Educational institutions facilitating distance learning;
- o. Laundromats, dry cleaners, and laundry service providers;
- p. Restaurants and other facilities that prepare and serve food, but only for delivery or carry out under the restrictions set forth in COVID-19 Health Mandate 003, issued March 17, 2020;
- q. Businesses that supply products needed for people to work from home;
- r. Businesses that supply other essential businesses with the support or supplies necessary to operate;
- s. Businesses that transport goods to grocery stores, supermarkets, convenience stores, engaged in the retail sale of food, household consumer products, delivery of fuel, or other services directly to residences or other critical industries outlined in this health mandate.
- t. Airlines, railroads, taxis, and other private transportation providers providing transportation services;
- u. Home-based care for seniors, adults, or children;
- v. Residential facilities and shelters for seniors, adults, and children;
- w. Professional services, such as legal or accounting services, when necessary to assist in compliance with legally-mandated activities;
- x. Childcare facilities, subject to new recommendations for increased hygiene and social distancing. Childcare facilities should be used only by those who need childcare to work at a critical job.